### **THE COUGAR CAFÉ 2021-2022**



#### **A LA CARTE PRICE LIST**

	_				
		Hot Items		Ice Cream	
	-		1.0-	Vanilla Cup	.75
		French Fries	1.25	Chocolate Cup	.75
	-	Hot Dog	1.25	Orange Sherbet Push-Up	.75
<b>Healthy Choi</b> c	es	Pizza Stick	1.25	Fudgesicle	.75
		5 Chicken Nuggets	1.25	Orange Vanilla Dream Bar	.75
Fruit Snacks	.50	5 Potato Smiles	1.25	Ice Cream Sandwich	.75
Banana	.75	Super Corn Dog	1.50		
Apple	1.00	4 French Toast & Syrup	1.50	Chips, Crackers, Etc.	
Assorted Yogurt	1.00	Pancake Pup & Syrup	1.75	Cheez Its	.50
Peanuts	1.00	2 Sausage Biscuits	2.50	Lance Peanut But. Crackers	.75
Fresh Garden Salad	2.50	Dominos Slice, Fridays	2.00	Lance Peanuts	.75
Texas Potato Bar	3.00	Hamburger	2.50	Nacho Cheese Doritos	1.00
Salad W/Fried Chic Strips	4.00	Hot Pocket, Pepperoni	2.00	Sour Cream & Onion	1.00
Hot Cafeteria Lunch	3.75	Pizza, Cheese Pan	2.00	Lay's Blue Doritos	1.00
		Pizza, Pepperoni Pan	2.00	Candy	
		Cheeseburger	2.75	Air Heads	.25
		Breast Filet Sandwich	3.00	Hershey Plain	1.50
		Texas Potato Bar	3.00	Kit Kat	1.50
		3 Chicken Strips	4.50	M & M Plain	1.50
		3 Chicken Strips with	5.00	M & M Peanuts	1.50
		Honey Mustard			
Breakfast Items				Reese Cups	1.50
Juice, Apple or Orange	.50			Skittles Original	1.50
Milk, Chocolate or White	.75	Juice, Milk, Drinks		Skittles Tropical	1.50
Assorted Cereals	1.00	Juice, Apple or Orange	.50	Snickers	1.50
Pastry items .50 &	1.00	Milk, Chocolate or White	.75	Sour Punch Straws Blue Raspberry	1.25
2 Pop Tarts	1.00	Canned Drinks	1.00	Sour Punch Straws Rainbow	1.25
Pancake Pup & Syrup	1.50	Water, Bottled (20oz)	1.00	Starburst	1.50
4 French Toast & 1 Syrup	1.50	Powerade Mtn Berry	2.00	MilkyWay	1.50
2 Sausage Biscuits	1.75	Powerade Fruit Punch	2.00	Twix	1.50
	and the second	Powerade Lemon Lime	2.00		
SUN-MAID		Cookies, Pastries		School Supplies	
		Little Debbie Oatmeal Pie	.50		.25
		Double Stuff Oreo Pack	1.00	Pencils	.25
		Iced Honey Bun	1.50	Pens	.25
Condiments		Glazed Honey Bun	1.50	Notebook Paper	1.00
Syrup Cup	.30	2 Brwn Sugar Pop Tarts	1.00	Notebook, Spiral	1.00
Sour Cream	.35	2 Chocolate Pop Tarts	1.00	Note Cards 3x5	1.50
Honey Mustard	.50	2 Strawberry Pop Tarts	1.00	Note Cards 4x6	2.50
Shredded Cheese	.50	,		Assignment Books	5.00
Ranch Dressing (4oz)	.60			Bible, Hardback	10.00
Marinara Sauce Cup	.75			-,	
			1		

# **ALWAYS AVAILABLE IN THE COUGAR CAFÉ**

Apples Bananas Raisins Granola Yogurt Milk Apple & Orange Juice Garden Salad Salad with Chicken Texas Baked Potato

# **THE WACHOVIA CAFETERIA 2021-2022**



#### BREAKFAST AND BREAK ITEMS

(Breakfast items available between 7:00-7:30 to before school care students. Break items available mid-morning in pre-school through Grade 4.)



Juice:	Orange or Apple	\$0.50	
Milk:	White or Chocolate	\$0.75	
Cereal:	Assorted	\$1.00	
Little Debbie Oatmeal Pie			
Double Stuff Oreo Cookie			
2 Pop Tarts:	Brown Sugar, Chocolate, Strawberry	\$1.00	
Iced or Glazed Honey Bun			
4 French Toast Sticks and one Syrup			
Pancake Pup and one Syrup			
2 Sausage Biscuits			



### **BALANCED AND NUTRITIOUS HOT PLATE LUNCHES\*\***

(Two-week rotation)



All plate lunches served in the Wachovia Cafeteria meet USDA & Clemson's guidelines for balanced and nutritious school lunches.

Each cafeteria meal contains as least one serving of: Vegetables, meat, fruit, and bread, with milk optional.

#### WEEK 1

- Chicken Strips, Creamed Potatoes, Diced Pears Μ
- Т Cheeseburger, French Fries, Pineapple Chunks
- W Popcorn Chicken, Corn, Diced Peaches
- Grilled Chicken Breast S.W., Green Beans, Applesauce Th
- Domino's Pepperoni Pizza; Fruit; PK2-G3, Cup Ice Cream; G4-12, Tossed Salad\* F

#### **WEEK 2**

- Chic-Fillet Sandwich, Corn, Applesauce Μ
- Pepperoni Pizza Sticks, Green Beans, Diced Pears Т
- Chicken Nuggets, Creamed Potatoes, Pineapple Chunks W
- Hot Dog, French Fries, Diced Peaches Th
- F Domino's Cheese Pizza; Fruit; PK2-G3, Cup Ice Cream; G4-12, Tossed Salad\*

\*Tossed Salad may be substituted for ice cream upon request in PK2 - G3. \*Ice Cream *may not* be substituted for tossed salad in Grades 4-12.

#### \*\*Plate Lunches: \$3.75 per day or \$18.00 per week not including drink.

Texas Potato Bar: \$3.00

Fresh Garden Salad: \$2.50

Salad w/Chicken: \$4.00









